



RED017
Driver Training
Interactive Event – Practical & Workshop



INTRODUCTION

VENUE:	Any suitable UK location that has an area for a parking & manoeuvring exercise and room(s) for 2 x mini workshops
NO. OF TRAINEES:	Up to 80 per day (2 x 40 am/pm)
TRAINING DETAILS:	Parking & Manoeuvring; Vehicle Fault Find; Fatigue & Resiliency Workshop and Speed Awareness Workshop (other options)
EVENT DURATION:	Half or Full Day

DETAIL

This event can be run at any convenient location local to you ensuring minimum business disruption including your Company car park, Depot or local Hotel.

This interactive 'group' course is an excellent way of training a number of drivers in a variety of practical and workshop activities. The event lasts for a half day but 2 events can be run on the same day as AM & PM sessions. Four activities will be set and the group will split into 4 smaller groups and then rotated through the activities during the event.

The proposed activities are Parking & Manoeuvring complete with full sized inflatable cars and other high/low obstructions; a vehicle Fault Find activity where drivers are encouraged to find preset faults to a vehicle.

Two mini workshops will then be presented and these can be selected from any of the



modules from our workshop module list; two popular modules that work very well are Fatigue and Speed Awareness.

On arrival at the event all delegates will be registered and allocated to a group; where a delegate list can be provided pre event drivers can also be invited to complete an online Driver Profile in advance. Post training, drivers can receive a course completion e-mail and attendance certificate; this can also be copied to line management ensuring that H&S Duty of Care responsibilities are covered.

PRACTICAL TRAINING

PARKING & MANOEUVRING

We will supply a range of practical aids to assist this activity and make it both interesting and fun, including full size inflatable cars, a range of cones and barrier to create garages and high/low obstructions. The trainers will provide hints and tips with regards to both parallel and bay parking as well as giving 'banksman' advice where appropriate.



WORKSHOP 1 – FATIGUE & RESILIENCY

Lack of attention whilst driving can be caused by many things, including Fatigue, and this mini workshop will cover this subject in some detail, including coping strategies. Additionally, basic resiliency and wellbeing advice will also be covered; e.g. 2% dehydration = 20% reduction in concentration levels. All workshop modules are designed to be highly interactive.

VEHICLE FAULT FIND



A variety of faults will be set on a vehicle and drivers will take turns in completing a vehicle check to discover and record them. Training and advice will also be provided in order that drivers are encouraged to keep a simple system of proactive checking in their everyday routine moving forward.

This activity can also be made competitive which always helps to engage and enhance the fun element making training more effective.

WORKSHOP 2 – SPEED AWARENESS

A popular and relevant workshop that provides drivers with the knowledge and tools to both identify and then be aware of what the speed limits are for both the road and



importantly, the class of vehicle that they are driving. Advice will also be given about how to best comply with the limits in relation to gear selection and key to compliance, observation and anticipation skills.

WHO IS THIS FOR?

Any driver that drives 'at work' should attend one of these events; the interactive group dynamic ensures that training is given and received in a fun environment.

OUTCOME

Course completion certificates available via the RED online system and attendance is also added to the 'driver profile'.