



RED023

LGV On Road & Manoeuvring, Lorry Loader (HIAB) and restrain & contain (loading) training including assessment



INTRODUCTION

VENUE:	Any suitable UK location
NO. OF TRAINEES:	2:1 Full Day (seat capacity)
TRAINING DETAILS:	On Road Advanced Driver Training
EVENT DURATION:	Full Day 09:00 – 16:30

DETAIL

The course proposed is a full day in duration and begins with a briefing and objective setting session; this also provides the opportunity for drivers to offer any specific concerns relating to their general driving or any of the course content.

Setting the scene for any training course is of paramount importance and this particular briefing will cover the reasons for the course which may include the trainee's driving performance or may be as part of a company's H&S policy.

As with all our practical training courses, this course includes a pre course RED Driver Profile (on-line RDP) and post training, a full course report will be e-mailed directly to the participant and course administrator as required.

This ensures that full H&S Duty of Care responsibilities are covered.

PRACTICAL TRAINING

Driving

The practical training course is a driver awareness course designed to influence a driver's attitude and behavior and improve competence. It will increase a driver's safety margins, provide awareness of speed limits and compliance, encourage a more pro-active approach behind the wheel and provide a practical update on the Highway Code. At the end of the



course each driver will have a better understanding of the driving task involved on today's roads, be better equipped to deal with the pressures and distractions encountered with work-related driving, be more informed and make improved driving decisions thus reducing the driving risk.

The session starts with a short assessment drive to identify each driver's strengths and weaknesses. These are then discussed and new techniques suggested with the advantages to each driver. A demonstration drive (subject to confirmation of insurance cover) with commentary, by the trainer then follows to illustrate these advantages and help identify key risk areas. Drivers are each given the opportunity to apply the new techniques with training tailored to achieve their personal and course objectives including;

- Developing the driver's expertise in managing the high risk environment of urban driving and reducing the likelihood of being involved in a preventable driving incident.
- Other road types will also be covered depending on the geographical location of the training session and the driver's personal needs.
- The coaching session will develop the perceptual skills outlined in the presentation and to provide ample opportunities to explore the principles of keeping space, identifying risk and keeping visible and communicating with other road users.

More comprehensive training on areas identified for maximum risk reduction follows, including Manoeuvring and reversing.

Lorry Loader (HIAB), Restrain & contain (loading)

Whilst offering advice and best practice, an assessment of the trainees use of a Lorry Loader and load security will be provided, this will include areas such as;

- Machine controls and instruments
- Set up for lifting operations
- Basic operations (raising, lowering, slewing)
- Preparing and securing for travel
- Lifting and placing loads at various levels
- Selection and use of attachments
- Load weight assessment
- The principles of safe operation
- Restrain and contain of loads

Any further training requirement following this assessment will be presented in the post training report, as this area will require further and more in-depth specialised training if the trainee fails to meet an acceptable standard or has no previous training or experience which is legally required.



COURSE SUMMARY

The principles of safer driving will be reinforced, the trainer will go through the assessment form discussing what will be included in the final report and ensuring personal objectives were met.

This practical course gives drivers an insight into what to look for when driving an LGV and how to manage the risk effectively. It also covers a lorry loader and restrain & contain loading assessment.

WHO IS THIS FOR?

Any driver who uses an LGV and may also use a Lorry Loader and/or is responsible for restraining and containing loads on a vehicle.

OUTCOME

A full and detailed report will be produced post training / assessment for the driver and manager.