



RED012
Driver Training
Trailer Towing Training



INTRODUCTION

VENUE:	Any suitable UK location
NO. OF TRAINEES:	1 half day, 1 full day or 1 am & 1 pm
TRAINING DETAILS:	Trailer Towing Training
EVENT DURATION:	Half Day 09:00 – 12:30 or 13:00 – 16:30 Full Day 09:00 – 16:30

DETAIL

The course proposed is a full day in duration and begins with a briefing and objective setting session; this also provides the opportunity for delegates to offer any specific concerns relating to their general driving or any of the course content.

As with all our practical training courses, this course includes a pre course RED Driver Profile (on-line RDP) and post training, a full course report will be e-mailed directly to the participant and course administrator as required.

This ensures that full H&S Duty of Care responsibilities are covered.

TRAINING

To equip drivers with the tools that will assist them in making the most appropriate judgements and employ the safest practices whilst towing trailers, particularly with regards to confined space manouevring and in with regards to pre and post towing checks.

To facilitate an enjoyable, practical and interactive learning environment. To develop sound planning and decision making skills throughout the processes of coupling and uncoupling,



and operating specific pieces of equipment

CONTENT

- Improving hazard awareness and risk perception
- Introduction and development of the Three Principles of Safe Driving
- Developing the driver's familiarity and expertise on a variety of road types
- Providing strategies to address problems associated with confined space manoeuvring whilst towing a trailer through specifically designed exercises
- Addressing the legal aspects of trailer weight limits and the importance of matching the trailer weight to the towing capacity of the towing vehicle
- Gaining an understanding of the importance of safe and secure loading of trailers particularly with regard to the maximum recommended nose weight
- Address specific areas of individual concern, as defined by the driver and with particular regard to the towing of trailers
- Gain commitment towards on-going personal development
- Driving in a fuel-efficient manner

'ON-ROAD' PRACTICAL TRAINING

Trainer and driver will carry out vehicle, licence and eyesight checks (note: if, in the opinion of the trainer, the 'failing' of any of these checks precludes the continuance of the course, the trainer will reserve the right to terminate training at this point).

The trainer may give a short demonstration drive in order to illustrate the benefits and application of the Three Principles of Safe Driving.

The coaching session will develop the perceptual skills outlined in the presentation and provide opportunities to explore the principles of keeping space, identifying risk and keeping visible and communicating with other road users.

As many road types as possible will be visited during the session, with emphasis being placed on high risk environments as well as any specific ones identified by the driver as being of personal concern.

In addition, the following points will be addressed:

The trainer will help the driver identify weight plates, limits and restrictions of the trailer being used for the training. These will also be cross-referenced with the towing capabilities of the vehicle to be used, with the purpose of establishing:

- If the engine is large enough to tow the trailer and load
- If the brakes are powerful enough to stop the vehicle and trailer safely
- That the trailer gross weight does not exceed the towing capacity of the towing vehicle



Particular attention will be paid to the safe and even distribution of trailer loads, with the purpose of establishing:

- Secure restraint
- Recommended nose weight
- Balance
- Weight Distribution

The importance of maintaining the optimum nose weight will be covered in detail.

A systemic and safe system of coupling and uncoupling will be introduced and practiced by the driver. Pre-journey safety checks and the appropriate checks to be made soon after the start of a journey to establish any initial movement or settling of the load, will be covered.

Practical confined space and manoeuvring exercises will be covered, as space and time permit, at the training location or in other accessible and appropriate areas. The key learning points will be:

- Does the driver have a good understanding of trailer articulation whilst reversing?
- How does the participant cope with manoeuvring in a difficult area?
- Is the participant prepared to stop, get out of the vehicle and have a look if in doubt?
- Is the participant prepared to get vehicles moved when necessary or take a risk?
- Is the participant prepared to ask someone to watch them whilst reversing (and agree a signaling and safety code)?
- Does the participant let time constraints affect decision-making and risk management?

WHO IS THIS FOR?

All drivers that may be required to tow a trailer whilst driving at work.

OUTCOME

A full and detailed report will be produced post training / assessment for the driver and manager.