



RED004

Driver Training

Speed Awareness Training



INTRODUCTION

VENUE:	Any suitable UK location
NO. OF TRAINEES:	1 half day, 1 full day or 1 am & 1 pm
TRAINING DETAILS:	Speed Awareness Training
EVENT DURATION:	Half Day 09:00 – 12:30 or 13:00 – 16:30 Full Day 09:00 – 16:30 (Flexible hours can be requested on booking form)

DETAIL

The course proposed is a half day or full day in duration and begins with a briefing and objective setting session; this also provides the opportunity for delegates to offer any specific concerns relating to their general driving or any of the course content.

Setting the scene for any training course is of paramount importance and this particular briefing will cover the reasons for the course which, in our experience, is normally as a result several 'speeding offences.'

As with all our practical training courses, this course includes a pre course RED Driver Profile (on-line RDP) and post training, a full course report will be e-mailed directly to the participant and course administrator as required.

This ensures that full H&S Duty of Care responsibilities are covered.



PRACTICAL TRAINING

ON ROAD

Following the briefing the course will commence with an eyesight and vehicle check. Our trainer will then take to the wheel to demonstrate many of the aspects covered in the briefing and to further set the scene. Following this the trainee will then drive for the remainder of the session, taking breaks where required, covering the below;

- Understanding speed limits
- Knowing what the limit is on any road
- How to manage concentration
- Matching speed to risk
- Tips and hints for staying within the limit
- The consequences of inappropriate speed

As well as more general RED advanced driving techniques and awareness raising.

WHO IS THIS FOR?

All drivers that require additional training in speed awareness; typically those that may have been caught for speeding and have points on their licence.

OUTCOME

A full and detailed report will be produced post training / assessment for the driver and Manager.