



RED027a



**CPC Driver Training – Manual Handling, Safe Loading and Vehicle Checks
(Classroom and Practical in-yard Training 7 Hours)
Course Aims and Objectives**

Aims:

To highlight and discuss the risks associated with manual handling, safe loading of vehicles and vehicle checks. Develop strategies to proactively avoid harm to oneself, potential collisions caused by the loading or condition of a vehicle. Aiming to reduce personal and business costs including wear & tear.

Objectives:

- Defining and understanding safe manual handling, injury causation, understanding good techniques and applying the principles for controlling manual handling.
- Considering the weight, size and specific nature of a load in order to contain or restrain it safely for transportation
- Developing safer habits and robust processes in proactive vehicle checking.
- Understanding methods of loading and unloading a vehicle safely for the road. Practically demonstrating use of strapping and other forms of restraints/containment.

With an option to conduct ongoing monthly E Learner sessions.

These items focus on sections 1.4, 1.6, 3.1, 3.3, 3.6 of the DVSA's Driver Certificate of Professional Competence (CPC) syllabus:

1.4 Ability to load the vehicle with due regard for safety rules and proper vehicle use

3.1 To make drivers aware of the risks of the road and of accidents at work

3.3 Ability to prevent physical risks

3.6 Ability to adopt behaviour to help enhance the image of the company



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Approved Training Course

This is to certify that

NFE Group Training Centre

has been approved to deliver

**Manual Handling, Safe Loading and Vehicle Checks
CRS13530/1928**

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Driver CPC Periodic Training

Approval Period

05/03/2020 to 04/03/2021

Course Duration

7.0 hours

Gareth Llewellyn

