

**CPC Driver Training – GDE (Goals for Driver Education) Matrix Workshop
(Interactive Classroom 7 Hours) 20:1
Course Aims and Objectives**

Aims:

A workshop which puts risks and self-evaluation skills at the forefront. It aims to help drivers consider the risks and coach themselves about how to change in five key areas; Culture and Groups, Person and Life, Journey, Vehicle and Control.

Objectives – to discuss, understand and develop strategies to manage:

- Interactive classroom workshop to promote safety thorough self-evaluation of risks and subjects
- Introduction to the GDE (Goals for Driver Education) HERMES 2000 Hatakka et al. (2002) and Keskinen et al. (2010) and part of National Driving Standards set by the DVSA
- Reflecting on the types of culture (including work cultures) and groups/teams associated with which may affect driving risks.
- Personal and Life risk increasing factors; self-evaluation about what these are, what the risks are and how to make lasting change
- Journey planning which may include fatigue and managing risks of the journey.
- Considering all the factors associated with vehicle including checks and controls to aim for excellence in the limit of control, smoothness, fuel efficiency and appropriate vehicle Familiarisation.

These items focus on sections 1.1, 1.2, 1.3, 1.4, 2.1, 3.1, 3.3, 3.4 3.6 and 3.9 of the DVLA’s Driver Certificate of Professional Competence (CPC) syllabus:

1.1 To know the characteristics of the transmission system in order to make the best possible use of it

1.2 To know the technical characteristics and operation of the safety controls in order to control the vehicle, minimise wear and tear and prevent malfunctioning

1.3 Ability to optimise fuel consumption

1.4 Ability to load the vehicle with due regard for safety rules and proper vehicle use (LGV)

2.1 To know the social environment of road transport and the rules governing it etc.

3.1 To make drivers aware of the risks of the road and of accidents at work

3.3 Personal Health and Wellbeing

3.4 Awareness of the importance of physical and mental ability

3.6 Ability to adopt behaviour to help enhance the image of the company

3.9 Vulnerable Road Users



RED027k



Approved Training Course

This is to certify that

NFE Group Training Centre

has been approved to deliver

**GDE Matrix Workshop
CRS14534/1928**

As

Driver CPC Periodic Training

Approval Period

20/03/2020 to 19/03/2021

Course Duration

7,0 hours

Gareth Llewellyn

